

## **Dorset County Diving Championships - 19<sup>th</sup> April 2010**

Held on Sunday 19 April 2010 at the Dolphin Pool, Poole.

Dorset County Secretary, Beth Stannard, reminded everyone at the presentation that these were the 2009 Championships, delayed due to the pool closure last year. She added that although the number of entries was disappointingly low, the standard of diving was high. She hoped that the 2010 Championships due to be held in October 2010 would be equally as successful and with more competitors.

Report from Pete Morris, Coach at Wessex Diving Club.

For many years Wessex Diving Club have been the only club competing in Dorset but now they have some competition from Tornadoes Diving Club, Portland.

In the Ladies Highboard Emily Shipley, Wessex, the only entrant, would have scored more than her 102.40 if she had held her arm stand as she normally does in training. In the Men's Highboard Harry Price-Smith, Wessex, also the only entrant, scored 96.90.

Both the Men and Women Junior and Senior Springboard competitions were run as one event with the same number of dives required for junior and senior. This means that if you are a junior and have the highest score you have won the junior and senior events, which has happened. Only when a diver is too old to enter the junior will the first place go to different people as long as the senior scores more.

In the Ladies Springboard Laura Dann, Wessex, dived to her usual good standard to win the Junior and Senior with 163.10 points. Second in the Junior and Senior with 134.00 was Kathryn Lawrence, Wessex. Third place in these events with 107.95 went to Anastasia Dale, Tornadoes. Unfortunately, a poorly executed twist dive let her down or she may have been closer to Kathryn.

In the Mens Springboard Leon Watts, Wessex, dived really well and won the Junior and Senior with a score of 141.30. Second place went to Greg Evans, Wessex, with 122.15 and in third place was Ben Williams, Wessex, with 105.00.

The Boys 8/11 yrs Age Groups was won by Greg Evans, Wessex, with 103.75. In the Girls 12/15 yrs first place went to Anastasia Dale, Tornadoes, with 105.45. Kathryn Lawrence, Wessex, was a close second with 102.10 and in third place was Saxon Roy, Tornadoes, with 89.00. In the Boys 12/15 yrs 1st place went to Ben Williams, Wessex, with 92.45. In the Girls 16/18 yrs event 1st place went to Laura Dann, Wessex, with 131.55, and in 1st place in the Boys 16/18 yrs event was Leon Watts, Wessex, with 116.75.

The number of entries was disappointingly low this year but what was lacking in quantity was made up for in quality. The competition saw some really good dives. Laura Dann received two 8s from a judge, one for her forward dive pike and one for her tuck roll from the 3m board. Newcomer to Wessex club 16 yr old Leon Watts dived really well in his first competition and shows great promise for the future. Leon started diving with Rachel Cronk at the Dolphin pool and has moved on to Wessex to be able to compete within the ASA.

Anastasia Dale dived better than in training to just beat Kathryn Lawrence to take the gold medal in their agegroup. Hopefully we will see more from her and her club mate Saxon Roy.

**Results:**

Boys 8/11 yrs

Greg Evans	Wessex	103.75	1st
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Girls 12/15 yrs

Anastasia Dale	Tornadoes	105.45	1st
Kathryn Lawrence	Wessex	102.10	2nd
Saxon Roy	Tornadoes	89.00	3rd

Boys 12/15 yrs

Ben Williams	Wessex	92.45	1st
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Girls 16/18 yrs

Laura Dann	Wessex	131.55	1st
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Boys 16/18 yrs

Leon Watts	Wessex	116.75	1st
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Ladies Junior Springboard and Senior Springboard

Laura Dann	Wessex	163.10	1st
Kathryn Lawrence	Wessex	134.00	2nd
Anastasia Dale	Tornadoes	107.95	3rd

Mens Junior Springboard and Senior Springboard

Leon Watts	Wessex	141.30	1st
Greg Evans	Wessex	122.15	2nd
Ben Williams	Wessex	105.00	3rd

Ladies Highboard

Emily Shipley	Wessex	102.40	1st
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Mens Highboard

Harry Price-Smith	Wessex	96.90	1st
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